



สถาบันฝึกอบรมบุคลากรด้านการสอนออกกำลังกายมาตรฐานสากล
Training World-Class Fitness Professionals
 • Certification Training
 • Seminars & Workshops
 • Personal Training, Yoga, Pilates, Group Fitness and Sport Conditioning



CERTIFICATION COURSES	DAYS & TIMES	TIME	CLASS HOURS	STARTS	ENDS	COURSE PRICE 2018	EARLY BIRD RATE (Expired date)
Certified Personal Trainer - Thai (PT1)	Mon Wed Fri	1 - 4 pm	90	7-Feb-19	15-Mar-19	37,300	14-Dec-18
Certified Personal Trainer - Thai (PT2)	Tue Thu	9 am -12 pm	90	8-Jan-19	25-Apr-19	37,300	14-Dec-18
Certified Personal Trainer - Thai (PT3)	Mon Wed Fri	9 am -12 pm	90	14-Jan-19	22-Mar-19	37,300	14-Dec-18
Certified Personal Trainer - Eng (EPT1)	Tue Thu	9 am -12 pm	90	15-Jan-19	2-May-19	37,300	14-Dec-18
Certified Personal Trainer -Thai (PT4)	Wed Fri	9 am - 12 pm	90	16-Jan-19	1-May-19	37,300	14-Dec-18
Certified Personal Trainer -Thai (PT5)	Mon Thu	1 - 4 pm	90	17-Jan-19	6-May-19	37,300	14-Dec-18
Certified Personal Trainer - Intensive -Thai (IPT1)	Mon-Fri	9 am - 4 pm	72	4-Feb-19	22-Feb-19	34,200	14-Dec-18
Certified Personal Trainer - Intensive - English (IEPT1)	Mon-Fri	9 am - 4 pm	72	4-Mar-19	22-Mar-19	34,200	14-Dec-18
International Yoga Teacher Training (Yoga Alliance®)	Mon Wed Fri	1 - 4 pm	200	6-Mar-19	24-Jul-19	95,000	20-Feb-19
International Yoga Teacher Training (Yoga Alliance®)	Sat	9 am - 5 pm	200	2-Mar-19	7-Sep-19	95,000	16-Feb-19
Balanced Body Pilates Mat Instructor Training (Thai)	Tue Thu	1.30-5.30pm	47	30-Oct-18	6-Dec-18	42,400	6 spaces
Balanced Body Pilates Apparatus Instructor Training (Thai)	Sat	9 am - 4.30 pm	38	10-Nov-18	15-Dec-18	56,500	27-Oct-18

CONTINUING EDUCATION COURSES (Short Courses)	DAYS & TIMES	TIME	CECs	STARTS	ENDS	COURSE PRICE	EARLY BIRD RATE (Expired date)
OCTOBER							
Advanced Muscle and Strength Development (Thai)	Thu & Fri	9 am - 4 pm	1.2	25-Oct	26-Oct	8,500	11-Oct-18
Weight Loss Specialist (Thai)	Thu & Fri	9 am - 4 pm	1.2	25-Oct	26-Oct	8,500	Full
Balanced Body® Bodhi Instructor Training Fundamentals NEW	Sun	9 am - 6 pm		28-Oct	28-Oct	13,000	14-Oct-18
NOVEMBER							
Fitness Nutrition Specialist (Eng)	Thu & Fri	9 am - 4 pm	1.2	1-Nov	2-Nov	8,500	18-Oct-18
Balanced Body® Mat & Bands (Thai)	Sun	9 am - 4 pm	0.3	4-Nov	4-Nov	6,300	21-Oct-18
Training Pregnant and Post-Partum Clients (Thai)	Wed-Fri	1 - 4 pm	0.9	7-Nov	9-Nov	5,900	Full
STICKXFIT INSTRUCTOR LEVEL 1 (Eng-Thai)	Sat & Sun	9 am - 5 pm		10-Nov	11-Nov	11,800	26-Oct-18
Basic Life Support (CPR&AED) Thai	Sat	9 am - 12 pm	0	10-Nov	10-Nov	2,600	27-Oct-18
Balanced Body Anatomy in 3D (Thai)	Sun,Mon,Wed	9 am - 4 pm		11-Nov	14-Nov	18,000	Full
MetaPWR (Thai)	Wed	9 am - 4 pm	0.6	14-Nov	14-Nov	9,100	30-Oct-18
Fitness Nutrition Specialist (Thai)	Thu & Fri	9 am - 4 pm	1.2	15-Nov	16-Nov	8,500	Full
Weight Loss Specialist (Thai)	Sat & Sun	9 am - 4 pm	1.2	17-Nov	18-Nov	8,500	3-Nov-18
Twist Functional Training 101	Sat & Sun	9 am - 4 pm	0.8	17-Nov	18-Nov	7,600	3-Nov-18
Balanced Body® Mat & Roller (Thai)	Tue & Thu	9 am - 12 pm	0.3	20-Nov	22-Nov	6,300	6-Nov-18
Metafit (Thai)	Fri	9 am - 4 pm	0.6	23-Nov	23-Nov	7,600	9-Nov-18
REVO2LUTION RUNNING Certification (Thai)	Sat & Sun	9 am - 5 pm		24-Nov	25-Nov	USD 299/329	9-Nov-18
Basic Life Support (CPR&AED) Thai	Sun	9 am - 12 pm	0	25-Nov	25-Nov	2,600	Full
Basic Life Support (CPR&AED) Thai	Sun	1 - 4 pm	0	25-Nov	25-Nov	2,600	11-Nov-18
Balanced Body Anatomy in 3D (Thai)	Sun,Mon,Wed	9 am - 4 pm		25-Nov	28-Nov	18,000	Full
December							
Balanced Body® MOTR Instructor Training Fundamentals NEW	Sun	9 am - 6 pm		2-Dec	2-Dec	13,000	18-Nov-18
Balanced Body® Mat & Bands (Thai)	Tue&Thu	9 am - 12 pm		4-Dec	6-Dec	6,300	20-Nov-18
Fitness Nutrition Specialist (Thai)	Fri & Sat	9 am - 4 pm	1.2	14-Dec	15-Dec	8,500	Full

FITNESS INNOVATIONS (THAILAND) LIMITED: BTS Ploenchit Station (Exit 2) Bangkok. Call us 02 650 9242

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